

How to choose your face cream according to skin type

Textures, ingredients, and common mistakes when choosing a day or night face cream.

Dry and dehydrated skin

Look for creams with ceramides, squalane, or panthenol and a rich texture. Apply on slightly damp skin to better retain water.

Combination and oily skin

Prefer light gel-creams with niacinamide or hyaluronic acid. Moisturizing does not make skin greasy: lack of hydration often increases shine.

Sensitive or reactive skin

Formulas with centella asiatica, madecassoside or mucin soothe redness. Introduce a new product every five days to identify reactions.