

روتين الوجه خطوة بخطوة: الترتيب الصحيح

التنظيف، التونر، السيروم، المرطب والحماية: تعلمي الترتيب الصحيح وكمية المنتج المستخدمة في كل خطوة.

Double cleansing. 1

and follow with a gentle gel or, Start with an oil or balm cleanser to remove makeup and sunscreen
.never tight, clean skin should feel comfortable: Never rub. foam cleanser on damp skin

Layered hydration. 2

For. and seal with a moisturizer, then the serum, Apply toner or essence with your hands
a light texture is enough for the day and something more nourishing for the, combination skin
.night

Eye contour and treatments. 3

sized amount per eye and tap gently without stretching the-grain-use a rice: The eye area is thinner
.Gel patches and eye gels refresh in the morning. skin

Masks and weekly extras. 4

Alternate between hydrating and. Two or three masks per week are enough to keep the skin plump
.and avoid using them on the same day as a strong exfoliant, soothing ones