

كيف تختارين كريم الوجه المناسب لنوع بشرتك

القوام، المكونات والأخطاء الشائعة عند اختيار كريم الوجه النهاري أو الليلي.

Dry and dehydrated skin

Apply on slightly damp. or panthenol and a rich texture, squalane, Look for creams with ceramides .skin to better retain water

Combination and oily skin

Moisturizing does not make skin. creams with niacinamide or hyaluronic acid-Prefer light gel .lack of hydration often increases shine: greasy

Sensitive or reactive skin

Introduce a new product. madecassoside or mucin soothe redness, Formulas with centella asiatica .every five days to identify reactions